

# Habitat Basics

To improve quail populations on your lands, it is important to recognize and identify the cover types and structure where you're managing your quail.

## **Habitat Basics**

Bobwhites utilize a variety of cover throughout their broad geographic range, including:

- Grass/forb communities This cover varies from the native grass and forb (forbs are non-woody broadleaved plants) rangelands at the western edge of bobwhite range to the old fields, fallow areas and savanna habitat in the East. Throughout its entire range, it is especially important that the bobwhite's habitat not be too thick at ground level. Bare ground interspersed with upright annual and perennial plants (forbs) provides food and foraging areas, broodrearing, nesting habitat and roosting sites. Periodic habitat disturbance (plowing, disking, grazing, controlled burning, herbicide spraying) is critical in areas where higher rainfall occurs. Brood-raising and food-producing grass/forb communities - so vital to the birds well-being - can be lost to advancing plant succession in as little as two or three years in higher rainfall areas.
- Protective/Loafing Habitat Shrubby thickets should comprise 20-30% of the bobwhite's habitat and should be no more than "a good softball throw" apart. These areas provide protection from predators and extreme weather, offer travel lanes and resting areas, and provide food. The western edge of the bobwhite's range contains grasslands with scattered thorny bushes; the Plains and Midwest are dominated by brushy draws, fence rows, and woodlots; and the East and Southeast contain thickets and shrubby travel lanes. Patches of shrubby/wooded areas interspersed with cropland and grass/forb vegetation are needed for bobwhites to attain good population levels.
- <u>Woodlands</u> Every woodland type can be bobwhite habitat, but it requires thinning to create and maintain a basal area of no more than 50 to 60 square feet per acre to allow sunlight to reach the ground, followed by frequent prescribed/controlled burns to restore native vegetation types bobwhites require.

### **Nesting Habitat**

Bobwhites often construct nests by forming a slight depression in the soil, lined with grass and/or pine needles and the nest commonly includes a canopy of dead grasses. Nests are often within 75 feet of an opening or edge. Preferred nesting sites contain some scattered shrubs and have been undisturbed for two or more years. In a pasture/range situation, continuous grazing or improper stocking rates can result in removal of nesting cover and elimination of bunch grasses. A typical clutch contains 12-15 eggs that hatch 23 days after incubation begins. Nest success varies from site to site and from year to year, however, approximately 25% of all nests are successful. Bobwhites will re-nest following unsuccessful attempts and research has shown that in good habitat, second broods are more common than once believed.

## **Brood Habitat**

Within hours after hatching, broods leave the nest and are cared for by one or both adults. To ensure best brood survival, it is important that quality brood-raising cover be available. Young chicks must be able to move easily on semi-bare ground so they can catch insects. Overhead cover is also needed to protect chicks from predators and harsh weather. A mixture of annual grasses and forbs (such as ragweed, beggarweeds (sticktights) and annual lespedezas) provide cover and high protein foods (insects) required by bobwhite chicks.

#### **Fall/Winter Activities**

Broods and unmated birds typically join together and break-up throughout the late summer/early fall. This mixing of bobwhites is referred to as the "fall shuffle". When the traditional covey unit has formed, it contains an average of 10 to 16 birds and may include young from several different broods. Bobwhite coveys typically settle into a "headquarters" area, containing some brushy/woody cover adjacent to a winter food supply of weed seeds, waste grains and soft/ hard mast. On more northern winter ranges, a portion of the brushy/woody cover must contain a dense understory. Coveys typically move less than a 1/4 mile on winter ranges, but movement varies based on disturbance, weather and food availability. Bobwhites prefer to roost on the ground in low-growing weedy vegetation, but will move into thicker cover during periods of severe winter weather.

#### **Foods**

Bobwhites are primarily seed-eaters, with over 1000 different plants having been documented in their diet. As much as 75 percent of the annual adult diet may be composed of food from annual plants (ragweed, foxtail). Various legumes, including lespedezas (not sericea) and beggarweeds, make an especially attractive food. It is critical that seeds are available on exposed soil with upright overhead cover offering protection while the birds forage. In the case of waste grains (soybeans, corn, wheat), thick brushy or woody cover needs to be nearby. During the late winter/ early spring period, green vegetation becomes a key food and may improve the overall physical condition of the birds, thereby resulting in improved nest success. Insects are eaten in small quantities by adult bobwhites, but are essential for chicks. Below is a summary of some regional foods used by bobwhite quail.

Southeastern Coastal	Midwest & Midsouth
Plains & Piedmont	Agricultural Lands
Beggarweeds (sticktights)	Korean/Kobe Lespedeza
Corn	Common Ragweed
Crab Grass	Dogwood
Sassafras	Wild Beans
Ragweed	Beggarweeds (sticktights)
Korean/Kobe Lespedeza	Partridge Pea
Oaks (acorns)	Blackberries
Pines	Oaks (acorns)
Wild Beans	Wild Grape
Panic Grasses	Ash
Wheat	Sorghum
Paspalums	Sassafras
Bicolor Lespedeza	Foxtails
Partridge Pea	Wheat
Soybean	Corn
Dogwoods	Soybeans
Sorghum	Pokeweed
Ash	
Foxtail Grasses	
Blackberries	
Pokeweed	

South Texas **Plains** Doveweeds Hoary Milkpea Yellow Woodsorrel Ragweeds Verbena Texas Millet Wild Rice **Switchgrass** Bristlegrass **Browntop Millet** Groundcherry Spiny Hackberry Live Oak (acorns) **Paspalums** 



# Bobwhite Management Overview



- Everyone would like to see more bobwhites on their property. Accomplishing that objective often takes a lot more work and effort than many folks imagine. Below are some common misconceptions that landowners should be aware of as they strive to implement a quail management plan.
- **Disturbance Diversity Dedication...** Those words describe the backbone of any quail management plan. The bobwhite simply cannot exist in good numbers if a well-developed plan that stresses those three words is not implemented. So often individuals think that they can just protect an area for quail and expect the birds to thrive. It won't happen. The best managed wild bobwhite areas today, whether on pine plantations, grazing lands or grain farms have a large portion (typically 1/3 to 2/3 depending on weather & habitat conditions) of the landscape disturbed annually by controlled burning, disking, grazing or cropping.
- Cover is Critical... Any tract of land being developed to benefit quail, from 40 to 4,000 acres, must have sufficient favorable cover that enables bobwhites to survive and thrive. That cover, which varies by region, must fulfill the seasonal needs of quail. Simply planting a couple food plots is no guarantee the right amount of bobwhite nesting, brood-raising, foraging and roosting cover occurs to support a quail population. The farm landscape of yesteryear, with multiple, small diversified farming operations, created a favorable environment for bobwhites. Unfortunately, it takes a more conscious effort to achieve that goal today.
- Looks Good To Me... Many individuals interested in having more bobwhites on their farm or ranch fail to see differences in the cover they have today and that of years past, when quail populations thrived. Changes in plant species occurrence and composition can be both subtle and dramatic. Those changes result in declines in both the quality and quantity of available quail habitat and are the major reason for our current quail decline.

- **Pen-Raised Birds...** Releasing pen-raised birds will never be the answer to having more wild quail. While those penraised birds may help maintain shooting preserves and assist with dog training and field trials, they can never help bring back our native wild bobwhites.
- Education A Key... Understanding what can be done on your farm or ranch to maintain or increase bobwhite numbers is essential. No game bird has received more attention and study than the bobwhite quail. Please check out www.bringbackbobwhites.org for more information on successful quail management. Additionally, participation in a local or regional workshop or field day on quail management can help you see what other landowners have done to benefit quail numbers. Today, more opportunity exists to receive technical and financial support for bobwhite management through state, federal and non-governmental organization programs than has ever occurred. Please take advantage of it.

Visit <u>goo.gl/NeY97H</u> on NBCl's website for a more comprehensive guide to bobwhite management in various land use settings. In addition, the website can put you in touch with your state's quail coordinator and a host of other resources. For more about NBCl's approach to bobwhite restoration, visit <u>goo.gl/XoM7kG</u>.

# FOOD AND COVER ESTABLISHMENT PRACTICES THAT CAN HELP IMPROVE QUAIL ABUNDANCE.

FOOD / COVER ESTABLISHMENT	WHERE SUITED	BENEFIT	TIME	FREQUENCY OF PRACTICE	COST-SHARE AVAILABILITY*	
					USDA	STATE/ NGO
Buffers / Field Borders	Crop areas adjacent to drainage areas & forest edges	Nesting, brood-rearing, & travel lanes	Spring / Fall	Several to many years, if maintained properly	х	х
Forbs & Legumes	Open fields, idle areas, pine / savanna understory, buffers & field borders	Food (insects & seeds), brood habitat & cover	Fall / Spring	Several years, but management disturbance needed	x	х
Grain Plantings	Open acres needing winter foods	Food / bare ground	Spring / Summer	Annually, but also creates natural early successional plant cover if left undisturbed up to two years after planting		х
Longleaf Pine	Native range along SE coastal areas	Restores valuable fire-friendly ecosystem for quail / wildlife	Planting late Winter / Early Spring	75+ years over sawlog rotation	х	х
Native Warm Season Grasses	Open fields, pine savanna understory, buffers and field borders, rotational pastures	Nesting & roosting cover. Best done in mixtures with forbs & legumes. Use lowest seeding rates for wildlife plantings.	Spring / Early Summer	Indefinitely, but periodic disturbance a must	х	х
Natural Plant Succession	Any area subject to disturbance	Creates early successional plant cover vital to bobwhite survival	Year-round	Every two to four years. More frequent in areas with high rainfall.	х	х
Oak/Savanna Restoration	Degraded oak / savanna areas	Restores beneficial ecosystem	Maintenance activities completed year-round	Indefinitely, if properly maintained	х	х
Shrubs	Large open fields & travel lanes	Escape areas & travel lanes	Late Winter	Indefinitely, but periodic thinning needed	х	х

# MAJOR BOBWHITE SEASONAL ACTIVITIES AND NEEDS

January Pa

Escape and Protection (October-April)
Dense cover. Vine-filled thicket, wood lot, hedgerows or fence-rows.

Nesting
(April 15-September)
Mixture of scattered bunch
grasses, forbs and seedling
trees. Moderate litter
from previous year.
No-till row crops.

April

July

Brooding
(JuneOctober)
Recently
fallowed
ground: erect annual
forbs, well-spaced stems,
exposed soil beneath. Legume
component for insect production.

Fall Shuffle
October

Forbs are non-woody broad-leaved plants that provide needed cover and food for bobwhites. The forbs pictured are blackeyed Susan, wild bergamot, daisy fleabane, ragweed and annual lespedeza.

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# TYPES OF DISTURBANCE PRACTICES NEEDED TO CREATE AND MAINTAIN QUAIL HABITAT

DISTURBANCE PRESCRIPTION WHERE SUITED	WHERE SUITED	BENEFIT	TIME	FREQUENCY OF PRACTICE	COST-SHARE AVAILABILITY*	
					NRCS	STATE/ NGO
Prescribed Burning	Openings, idle fields, thinned pine stands, older grass (CRP) plantings, mine lands, grazing lands	Thin litter accumulation, kill hardwood trees & shrubs, stimulate native legumes	Typically July - April, depends on objectives and environmental factors	Usually every 2-3 years, depending on vegetation growth	x	х
Strip Disking	Idle field, meadows, field borders	Sets back plant succession, thins overgrown areas to improve brood cover	Fall / Winter best	Every 2-3 years, disk small percent annually on rotational basis	x	х
Pine Thinning	Pine plantations	Opens stands, permits more sunlight on ground to encourage forb growth	Year Round	Varies by species and site index. From quail standpoint thin as often as possible.	x	
Grazing	Native grass paddocks established for short duration grazing systems	Establishes ideal roosting and nesting cover. Properly manage grazing intensity (no overgrazing).	High intensity - low frequency grazing works well with native bunch grass	Annually	x	
Prescribed Grazing	Range	No overgrazing. Proper grazing management compatible with good quail management.	Implement at least a 3 pasture rotation system	Annually	x	
Herbicides	Kill unwanted exotic plants. Thin or eliminate competing vegetation.	Alters advancing plant succession and enhances success of tree, shrub, grass/ legume/forb establishment	Mostly during spring, summer, fall	Annually to several years	x	x
Roller Chopping / Aeration	Open fields and brushland	Sets back plant succession	Open fields - Fall/Winter Brush control - late summer	Every 2 - 3 years	x	
Fescue Conversion	Fields, established fescue plantings, woodlot edges	Eliminate poor quality wildlife cover	Fall through early Spring	Permanently eliminate fescue	x	х
Mowing	Open fields. May be needed to mow heavy vegetation before disking.	Can help improve access, but best quail benefits accomplished from other practices	February - March	Generally done on annual rotational basis	x	

<sup>\*</sup>Programs change, so check with your wildlife biologist or natural resource personnel for current availability.



The National Bobwhite Conservation Initiative (NBCI) is a strategic, national effort elevating bobwhite quail recovery from an individual, state-by-state proposition to a coordinated, range-wide project working at regional and national levels. Technical direction is provided is provided by the National Bobwhite Technical Committee, comprised of 25 state wildlife agencies, various academic research institutions, and non-governmental organizations. Support for NBCI is provided by the Federal Aid in Wildlife Restoration Program, state wildlife agencies, the University of Tennessee, and Park Cities Quail. For more information, please visit <a href="https://www.bringbackbobwhites.org">www.bringbackbobwhites.org</a>, and find us on Facebook, YouTube, and Slideshare.



## **ACRONYMS**

CRP - USDA Conservation Reserve Program NBCI - National Bobwhite Conservation Initiative NBTC - National Bobwhite Technical Committee

NGO- Non-Government Organization

USDA - United States Department of Agriculture

# Books Booklets Videos

Go to <a href="www.bringbackbobwhites.org">www.bringbackbobwhites.org</a> to find out more about NBCI and bobwhite management.

# Facts About Bobwhites

- The average number of eggs in a bobwhite nest is 12-15.
- The normal incubation for bobwhites is 23 days.
- A newly-hatched bobwhite chick is about the size of a bumblebee.
- Mid-June to mid-July is typically the peak hatching time for the ground-nesting bobwhite.
- Bobwhite chicks can fly when they are three weeks old.
- Over 80% of the annual quail population fails to carry over to the next year.
- Bobwhites require 47-55 days to complete their nesting cycle.
- It takes a bobwhite chick at least 120-140 days to develop to adult size.
- Bare ground and shrubby, brushy cover is an essential part of quail habitat.
- Like rabbits, bobwhites are an "early successional" species.
   That means you'll find them in places that are not densely overgrown and that have had recent ground disturbance with annual plants (ragweed).
- You don't have to plant native warm season grasses to have quail on your property. Use an approved herbicide to remove unwanted grasses, such as fescue, and let natural plant succession occur.
- Overgrown fencerows have been replaced with mature trees that provide poor bobwhite escape cover. Manage your fencerows and woods edges to create brushy habitat.
- The daily water requirements of bobwhites are usually met through moisture from green plants, food, insects, dew, and snow.

#### **Not Just Bobwhites...**

A consequence of the magnitude of bobwhite habitat loss is that grassland birds are declining at faster rates than any other community of birds in North America. In the east, 10-14 grassland bird species have significant long-term declines, including Henslow's Sparrow, Grasshopper Sparrow, Eastern Meadowlark, Vesper Sparrow, Greater Prairie Chicken, and Dickcissel. Half (18 of 36) of bird species breeding in eastern early successional habitats have significant negative long-term trends, including Benwick's Wren, Field Sparrow, Prairie Warbler, Eastern Towhee, Blue-winged Warbler, the Indigo Bunting, and the Northern Bobwhite. Pollinators and other species are also being affected by the habitat decline.

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